

# South West & Wessex Regional Newsletter



Editor Anna Barton

## The SW&W Regional Committee Needs You!

We are looking for SW&W regional ACB members to apply for the roles of-



### ❖ Audit Lead

- To help the region to perform both local and region-wide audit.
- To aid in the sharing of audit findings and good practice.

### ❖ Committee Secretary

- Keeps committee minutes & communicates with all the members.

### ❖ FCS Rep

- To represent SW&W regional members in union & ACB issues.

Posts are held for up to 3 years, at which you can switch roles within the Committee, stay in your role or leave completely. Meetings are approximately 3 hours with lunch provided and are held 3 times a year, with travel expenses reimbursed by the region. Please contact Anthea Patterson on [antheapatterson@nhs.net](mailto:antheapatterson@nhs.net) for further information and to log your name for a particular role.

## Trainees' Awards: Invitation To Submit An Abstract

The SW&W regional ACB meeting being held on the 18<sup>th</sup> November at Derriford hospital will include the Trainees' Award.

- ❖ Open to all SW&W ACB members that have not fully completed the FRCPath.
- ❖ The talks will be for 10 minutes.
- ❖ They can be on research, a laboratory project, audits or interesting cases.
- ❖ All those that present at the awards will have free registration for the meeting.
- ❖ The awards provide a good platform to gain experience talking at meetings, adds to your training record or CV, as well as the opportunity to win a prize.



Please email an abstract (max 300 words) to Anna Barton ([anna.barton3@nhs.net](mailto:anna.barton3@nhs.net)) and Angie Cooper ([angelacooper5@nhs.net](mailto:angelacooper5@nhs.net)), or contact us with any queries you have.

**Closing date for abstracts is the 1<sup>st</sup> September.**

## ACB SW&W Meeting: 18<sup>th</sup> November Metabolic Bone Disease & Trainees' Award

Location- Derriford Health & Leisure Centre, Derriford Hospital, Plymouth



- ❖ Dr Hutchinson, Royal Cornwall Hospital: Rheumatoid Arthritis and Anti-CCP
- ❖ Dr Endean, Royal Cornwall Hospital: Metabolic bone disease cases
- ❖ Prof Fraser, Norwich Medical School: Vitamin D
- ❖ Dr Viner, Derriford Hospital: Bone turnover markers or Osteoporosis (topic TBC)
- ❖ Dr Thomas, Derriford Hospital: Holo TC
- ❖ Trainees' Awards

A full advert will go out via the ACB office end July and registration will then open. **We would like to extend the invitation for this and all future meetings to BMSs and other laboratory staff.**

## New Audit Page On The SW&W Website: We Want To Hear About Your Local Audits!

Shortly, an audit page will be created on the SW&W website. We think it would be great if laboratories could share their audits with the region by reporting them using the word document template provided on the site. All the completed forms will be published to the website as a pdf to share with the region. It doesn't matter how big or small the audits are, and we don't need huge detail, we are just interested in finding out what audit activity is taking place and sharing improvement ideas. Please send completed audit reports to Nicola at [nicola.pullan@nhs.net](mailto:nicola.pullan@nhs.net)



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## SW&W ACB Committee Meeting: 21<sup>st</sup> June, Royal Devon and Exeter Hospital

A summary of the key issues discussed are as follows

### ❖ **ACB Committee**

- Anthea Patterson (Truro) has taken on the role of Committee Chair; and temporarily Mike Waterson (Torbay) and Angela Mallard (Truro) the roles of Committee Secretary and FCS Rep respectively.

### ❖ **Training**

- Truro and Torbay have accepted new STPs for this September
- Congratulations to Dr Mandy Perry (Exeter) for fully completing the FRCPath and to Francesca Mills (Southmead) for passing the Part 2-Mod 2 exam too.

### ❖ **Scientific Meetings**

- **18<sup>th</sup> Nov, 2016:** Itinerary finalised (see prev page for topics/speakers) & will be advertised soon.
- **6<sup>th</sup> March, 2017:** On Pregnancy and Newborns, and so will include a variety of topics such as pre-natal care, screening in pregnancy (Downs, T13/18, Non-invasive testing etc) & pre-eclampsia
- **Autumn 2017:** Proposed to be held at Taunton & jointly with Wales. To include audits and clinical cases by ACB members + other topics.
- It was suggested that invitations to ACB meeting should be extended to BMSs and other Lab staff.

### ❖ **Audits-** see below

### ❖ **SW&W Website**

[www.acb.org.uk/whatweare/structure/what\\_we\\_are\\_regions/South\\_West\\_Wessex\\_region.aspx](http://www.acb.org.uk/whatweare/structure/what_we_are_regions/South_West_Wessex_region.aspx)

- It was suggested at the meeting that an audit page should be created (see below)
- The website has information on the latest regional news as well as an archive of this newsletter, previous regional meetings, previous local trainee days, Committee meetings and AGMs

**The full minutes will be uploaded to the SW&W regional website.**

**Next meeting: TBC 14<sup>th</sup> or 20<sup>th</sup> October 2016, RD&E hospital**

## SW&W Region's Audit Activities

At the regional Committee meeting concern was noted at apparent lack of audit activity taking place within the region. It may be there are clinical audits being carried out, but we are poor at recording and sharing our practice. Proposals to cultivate audits in the region are to:

- ❖ **Recruit a new audit lead** for the region, as Liz Burgess has stepped down.
- ❖ **Create an audit page on the SW&W website** where local clinical audits and large region-wide clinical audits can be recorded and information shared. Providing a platform for sharing information on carrying out audits, sharing results and to help inspire and aid others to complete audit.
- ❖ **Autumn 2017 SW&W ACB regional meeting** to include a session to allow members to present audits they have done. Attempt to include mini-audit sessions regularly into future meetings.
- ❖ **Contact successful audit regions** e.g. Thames Valley & the Wales audit groups, to seek advice.
- ❖ **Complete a regional audit-** Previous suggestions were TnT service, Laboratory communication with GPs and Minimum Retesting Intervals.

At the National ACB Audit meeting in Birmingham on the 22<sup>nd</sup> June it was stated that the ACB may propose to implement a minimum number of clinical audits to be carried out by all regions.



**AUDIT**

## Future Dates For Your Diaries

- ❖ **September, 2016: SW&W Trainee's day**
- ❖ **6<sup>th</sup> March, 2017: Pregnancy and Newborns (+ SW&W AGM), at RD&E Hospital**

