



## Summary of NICE Guidelines

Title	Common mental health disorders: Identification and pathways to care
NICE Reference	CG 123
Date of Review	Please see <a href="http://www.nice.org.uk/guidance/CG123">www.nice.org.uk/guidance/CG123</a> for information
Date of Publication	May 2011
Summary of Guidance (Max 250 words)	<ul style="list-style-type: none"><li>• Awareness of signs and symptoms of depression and anxiety disorders must be heightened to improve the diagnosis of these disorders.</li><li>• Access to services for people with common mental health disorders must be improved by establishing local care pathways involving primary and secondary care, managers and commissioners.</li><li>• Local care pathways should:<ul style="list-style-type: none"><li>• Promote principles of good care</li><li>• Promote access of services</li><li>• Promote a stepped-care model<ol style="list-style-type: none"><li>1. Identification and assessment</li><li>2. Treatment and referral for mild to moderate disorders</li><li>3. Treatment and referral for moderate to severe disorders</li></ol></li><li>• Actively engage all populations</li><li>• Respond rapidly to changing needs</li><li>• Provide an integrated care programme</li><li>• Have robust systems for outcome measurement</li></ul></li></ul>
Impact on Lab (See below)	<input checked="" type="checkbox"/> None
Lab professionals to be made aware	<input type="checkbox"/> N/A
Please detail the impact of this guideline (Max 150 words)	This guideline has no impact on the provision of laboratory services.

### Impact on Lab

- None:** This NICE guideline has no impact on the provision of laboratory services
- Moderate:** This NICE guideline has information that is of relevance to our pathology service and may require review of our current service provision.
- Important:** This NICE guideline is of direct relevance to our pathology service and will have a direct impact on one or more of the services that we currently offer.